

Family Service Neurodevelopmental Support Team
AUTISM & ADHD (updated 08/11/24).
Parent /Carer Support Groups

A safe space to discuss your child's or family's needs regarding behaviours that are indicative of Autism and/or ADHD. A chance to feel less isolated with an opportunity to meet other parents/carers with similar experiences.

What to expect if you come to the group for the first time:

We recommend you attend the start of the session. So that you are provided with an introduction to the session.

Experienced staff from the Neurodevelopmental Support Team are on hand to offer guidance, support, useful strategies, information, and answer questions.

The group is centred around group discussion, however if you wish to speak to a member of the team 1-1, we will always try to do our best to accommodate this.

Due to the organisation of the group, please do not bring children. This will enable you to participate in the discussions with parents and our practitioner. We cannot offer supervision and we need to consider the confidentiality of other families.

No booking or Diagnosis Required.

Occasionally due to circumstances, times may change, or groups may be cancelled.

For general enquiries email – family servicenst@nottsc.gov.uk

AUTISM & ADHD Parent/Carer Support Group 2024-2025

Daybrook Medical Practice, Salop St,
Daybrook, NG5 6HP

Tuesdays 09.30-11.30

10th Dec.

2025

7th Jan, 4th Feb, 11th Mar, 01st April.

Beeston North Family Hub, Alderman Close
Beeston NG9 2RH

Tuesdays 12.30-2.30- 19th Nov, 03rd Dec.

2025

Chilwell Family Hub, Great Hoggett Drive,
Chilwell, NG9 4HQ

Tuesdays 12.30-2.30

14th Jan, 11th Feb, 18th Mar, 29 April

Bingham Family Hub, Eaton Place,
Bingham, NG13 8BE

Wednesdays 13:00-15:00

2025

8th Jan & 5th March.

Cotgrave Candleby Lane School, Candleby
Ln, Cotgrave, NG12 3JG

Wednesdays 13:00-15:00

4th Dec

2025

5th Feb & 2nd April

Kirkby East Family Hub, The Summit Centre,
NG17 7LL

Wednesdays 09:30-11:30

20th Nov, 11th Dec.

2025

26th Feb & 30th April.

Butler's Hill & Broomhill Family Hub,
Broomhill Rd, Hucknall NG156AJ

Wednesdays 09.30-11.30

2025

22nd Jan & 12th March.

Hawtonville Family Hub, Bowbridge Rd,
Newark, NG24 4EG

Thursdays 9.30-11.30- 5th Dec.

2025

30th Jan, 06th Mar, 03rd April.

Mansfield Woodhouse Family Hub, Swan
Lane, NG19 8BT

Thursdays 09:30-11:30

14th Nov, 12th Dec.

2025

23rd Jan, 13th Feb, 28th Mar, 25th April.