






# KINDNESS GUIDE

EXPECTATIONS		
<i>Quotes from our kindness ministers:</i>		
 <p>Be kind to <b>yourself</b> by...</p>	 <p>Be kind to <b>others</b> by...</p>	 <p>Be kind to <b>the wider world</b> by...</p>
<ul style="list-style-type: none"> <li>➤ Being ready to learn</li> </ul>	<ul style="list-style-type: none"> <li>➤ Helping others to learn</li> </ul>	<ul style="list-style-type: none"> <li>➤ Acting on learning about how to take care of the environment</li> </ul>
<ul style="list-style-type: none"> <li>➤ Speaking up when you need help</li> </ul>	<ul style="list-style-type: none"> <li>➤ Encouraging others to speak up when they need help</li> </ul>	<ul style="list-style-type: none"> <li>➤ Speaking up if you notice something needs changing in our learning environment (both inside and out)</li> </ul>
<ul style="list-style-type: none"> <li>➤ Letting others help you</li> </ul>	<ul style="list-style-type: none"> <li>➤ Helping others when they need it</li> </ul>	<ul style="list-style-type: none"> <li>➤ Helping to look after our learning environment</li> </ul>
<ul style="list-style-type: none"> <li>➤ Joining in, with learning and with play</li> </ul>	<ul style="list-style-type: none"> <li>➤ Letting others join in, with learning and with play</li> </ul>	<ul style="list-style-type: none"> <li>➤ Joining in with keeping our environment safe, clean and tidy</li> </ul>
<ul style="list-style-type: none"> <li>➤ Checking how <b>you</b> are feeling - using Take Five to help</li> </ul>	<ul style="list-style-type: none"> <li>➤ Checking how <b>others</b> are feeling - asking permission for <b>consent</b></li> </ul>	<ul style="list-style-type: none"> <li>➤ Checking that the environment makes everybody feel safe and happy</li> </ul>
<ul style="list-style-type: none"> <li>➤ Being kind and polite - it makes <b>you</b> feel good</li> </ul>	<ul style="list-style-type: none"> <li>➤ Being kind and polite to <b>everyone</b> - it makes <b>others</b> feel good</li> </ul>	<ul style="list-style-type: none"> <li>➤ Being kind and polite to the nature and animals - it makes <b>the whole world</b> feel good!</li> </ul>

The adults will	Scripts	Fogging
<ul style="list-style-type: none"> <li>➤ Meet and Greet children at the start of each lesson</li> <li>➤ Listen</li> <li>➤ Provide a safe environment</li> <li>➤ Stay calm and consistent</li> <li>➤ Model our expectations and values</li> <li>➤ Praise positive choices</li> <li>➤ Be consistent in our expectations</li> <li>➤ Connect before we correct</li> </ul>	<ul style="list-style-type: none"> <li>➤ "Let's..."</li> <li>➤ "I need you to..."</li> <li>➤ "I notice you are..."</li> <li>➤ "Do you remember when you..."</li> <li>➤ "You should be..."</li> <li>➤ "In 5 minutes you will have to..."</li> <li>➤ "When I return, I will see..."</li> <li>➤ "Today we are going to..."</li> <li>➤ "I expect you to..."</li> <li>➤ "I know that you will..."</li> <li>➤ "Thank you for..."</li> </ul>	<p><b>Agree...and yet...</b></p> <ul style="list-style-type: none"> <li>➤ "I hear what you are saying...and yet..."</li> <li>➤ "I understand...and yet..."</li> <li>➤ "Maybe you were...and yet..."</li> <li>➤ "Yes sometimes I may..."</li> <li>➤ "Yes you may think that..."</li> <li>➤ "There may be some truth in..."</li> <li>➤ "I'm sorry that you are..."</li> </ul>

**Reflection Points for Staff**

What triggered the child's response/behaviour?

Are there any changes I could have made/make to support the behaviour (seating, classroom environment, language)

How can I support this child during the next lesson/day/week?

What could I do differently?

**Connecting and Defusing**

**Offer choice** E.g. Instead of "Go and get your reading books, try "Which book would you like to read today?"

**Share responsibility** - us, we, let's, together

**Describe and say what you see** - "I'm wondering if you feel sad today? You've been very quiet..."

**Restorative Questions**

1. What happened?
2. What were you feeling/thinking at the time?
3. How did this make other people feel?
4. Who has been affected? How do you know?
5. What should we do to put things right?
6. If this happened again, how could you do things differently?

**What action/consequence will make a difference?**