

# How can you support with Phase 1 Phonics at home?

- Listen carefully for sounds when you are at home, outside or in different environments. Talk about the sounds that you can hear - are they loud, soft, high, low, long or short sounds?
- Experiment with making different sounds using household items - pans, rice in bottles, banging sticks on different items outside to explore the sounds they make.
- Talk about sounds that you like/dislike.
- Play listening games such as I went to the supermarket
- Play I spy
- Make different sounds with your voice - practise making sounds that require different mouth and tongue movements such as sh, la, ee, and look in the mirror as you make the sound.
- Read rhyming stories - miss out rhyming words and wait for your child to fill in the blanks
- Play rhyming matching games using objects or pictures
- Talk about the initial sounds of objects
- Play sound talk games with your child - can you find the p-e-n?
- Go on a sound hunt around your house for items beginning with.....
- Sing LOTS of nursery rhymes and invent your own! 😊